

BIMS' priority is to ensure customers with food allergies and intolerances have accurate information to enable them to make safe choices from our menu. There are 14 legally specified food allergens, and this table states which products contain or may contain them as follows:  
**x** Contains – a planned ingredient which is definitely present.  
**m** May contain – a supplier has reported to us a real risk of cross contamination on their production line.  
 BIMS kitchens have strict controls in place to reduce the risk of cross contamination such as separate storage areas, utensils and cleaning equipment for products containing allergens. In common with other catering operations, our kitchens are open environments, hence we cannot guarantee that any product is entirely free from any allergen. Customers with severe food allergies should take this information into account.  
 The allergen information for dip pots is printed on the lid and the allergen information for sauces on sachet is printed on the sachet. The allergen information for products in retail packaging (juices bottled and water bottled) is printed on the packaging.

## BIM'S CAFÉ

|                         | Energy per portion |      | Vegetarian | Cereals containing gluten |     |        |      |       |       | Soya | Nuts | Peanuts | Sesame | Milk | Egg | Fish | Crustaceans | Celery | Sulphur Dioxide & Sulphites | Mustard | Molluscs | Lupin | Halal Certification |
|-------------------------|--------------------|------|------------|---------------------------|-----|--------|------|-------|-------|------|------|---------|--------|------|-----|------|-------------|--------|-----------------------------|---------|----------|-------|---------------------|
|                         | kJ                 | kcal |            | Wheat                     | Rye | Barley | Oats | Spelt | Kamut |      |      |         |        |      |     |      |             |        |                             |         |          |       |                     |
| Subject to availability |                    |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |             |        |                             |         |          |       |                     |
| Cappuccino              |                    |      |            |                           |     |        |      |       |       |      |      |         |        | x    |     |      |             |        |                             |         |          |       | N/A                 |
| Iced Cappuccino         |                    |      |            |                           |     |        |      |       |       |      |      |         |        | x    |     |      |             |        |                             |         |          |       | N/A                 |
| Latte                   |                    |      |            |                           |     |        |      |       |       |      |      |         |        | x    |     |      |             |        |                             |         |          |       | N/A                 |
| Iced Latte              |                    |      |            |                           |     |        |      |       |       |      |      |         |        | x    |     |      |             |        |                             |         |          |       | N/A                 |
| Mocha                   |                    |      |            |                           |     |        |      |       |       |      |      |         |        | x    |     |      |             |        |                             |         |          |       | N/A                 |
| Iced Mocha              |                    |      |            |                           |     |        |      |       |       |      |      |         |        | x    |     |      |             |        |                             |         |          |       | N/A                 |
| Hot Chocolate           |                    |      |            |                           |     |        |      |       |       |      |      |         |        | x    |     |      |             |        |                             |         |          |       | N/A                 |
| Americano               |                    |      |            |                           |     |        |      |       |       |      |      |         |        | m    |     |      |             |        |                             |         |          |       | N/A                 |
| Iced Americano          |                    |      |            |                           |     |        |      |       |       |      |      |         |        | m    |     |      |             |        |                             |         |          |       | N/A                 |

## Shakes & Swirl Ice

|                                   | Energy per 100ml |      | Vegetarian | Cereals containing gluten |     |        |      |       |       | Soya | Nuts | Peanuts | Sesame | Milk | Egg | Fish | Crustaceans | Celery | Sulphur Dioxide & Sulphites | Mustard | Molluscs | Lupin | Halal Certification |
|-----------------------------------|------------------|------|------------|---------------------------|-----|--------|------|-------|-------|------|------|---------|--------|------|-----|------|-------------|--------|-----------------------------|---------|----------|-------|---------------------|
|                                   | kJ               | kcal |            | Wheat                     | Rye | Barley | Oats | Spelt | Kamut |      |      |         |        |      |     |      |             |        |                             |         |          |       |                     |
| Subject to availability           |                  |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |             |        |                             |         |          |       |                     |
| Chocolate Shake                   | 491              | 117  |            |                           |     |        |      |       |       |      |      |         |        | x    |     |      |             |        | x                           |         |          |       | N/A                 |
| Strawberry Shake                  | 471              | 113  |            |                           |     |        |      |       |       |      |      |         |        | x    |     |      |             |        | m                           |         |          |       | N/A                 |
| Salted Caramel Shake              |                  |      |            |                           |     |        |      |       |       |      |      |         |        | x    |     |      |             |        | x                           |         |          |       | N/A                 |
| Swirl Ice Oreo                    | 747              | 178  |            | x                         |     |        |      |       |       | x    | m    |         |        | x    |     |      |             |        |                             |         |          |       | N/A                 |
| Swirl Ice Lotus                   | 719              | 172  |            | x                         |     |        |      |       |       | x    | m    |         |        | x    |     |      |             |        |                             |         |          |       | N/A                 |
| Swirl Ice Oreo Hazelnut Chocolate |                  |      |            | x                         |     |        |      |       |       | x    | x    |         |        | x    |     |      |             |        |                             |         |          |       | N/A                 |
| Swirl Ice Hazelnut Chocolate      |                  |      |            | m                         |     |        |      |       |       | x    | x    |         |        | x    |     |      |             |        |                             |         |          |       | N/A                 |
| Plain Swirl Ice                   |                  |      |            |                           |     |        |      |       |       |      |      |         |        | x    |     |      |             |        |                             |         |          |       | N/A                 |
| Swirl Ice Bueno                   |                  |      |            | x                         |     |        |      |       |       | x    | x    |         |        | x    | m   |      |             |        |                             |         |          |       | N/A                 |
| Swirl Ice Wafer                   |                  |      |            | x                         |     |        |      |       |       | x    |      |         |        | x    |     |      |             |        |                             |         |          |       | N/A                 |

## Sandwiches

|                            | Energy per portion |      | Vegetarian | Cereals containing gluten |     |        |      |       |       | Soya | Nuts | Peanuts | Sesame | Milk | Egg | Fish | Crustaceans | Celery | Sulphur Dioxide & Sulphites | Mustard | Molluscs | Lupin | Halal Certification |
|----------------------------|--------------------|------|------------|---------------------------|-----|--------|------|-------|-------|------|------|---------|--------|------|-----|------|-------------|--------|-----------------------------|---------|----------|-------|---------------------|
|                            | kJ                 | kcal |            | Wheat                     | Rye | Barley | Oats | Spelt | Kamut |      |      |         |        |      |     |      |             |        |                             |         |          |       |                     |
| Subject to availability    |                    |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |             |        |                             |         |          |       |                     |
| Algerian Chicken Supreme   |                    |      |            | x                         | m   | m      | m    | m     | m     | x    | m    | m       | m      | x    | x   | m    | m           | x      | x                           | x       | m        | m     | WHT                 |
| Mayo Chicken Supreme       |                    |      |            | x                         | m   | m      | m    | m     | m     | x    | m    | m       | m      | x    | x   | m    | m           | x      | x                           | x       | m        | m     | WHT                 |
| Spicy Mayo Chicken Supreme |                    |      |            | x                         | m   | m      | m    | m     | m     | x    | m    | m       | m      | x    | x   | m    | m           | x      | x                           | x       | m        | m     | WHT                 |
| The Big Hack               | 2120               | 507  |            | x                         | m   | m      | m    | m     | m     | x    | x    | m       | x      | x    | x   | m    | m           | x      | x                           | x       | m        | m     | HMC                 |
| Junior Burger              | 1177               | 282  |            | x                         | m   | m      | m    | m     | m     | x    | m    | m       | x      | x    | x   | m    | m           | x      | x                           | x       | m        | m     | HMC                 |
| Double Junior Burger       | 1667               | 399  |            | x                         | m   | m      | m    | m     | m     | x    | m    | m       | x      | x    | x   | m    | m           | x      | x                           | x       | m        | m     | HMC                 |
| Chicken Junior Burger      | 1680               | 402  |            | x                         | m   | m      | m    | m     | m     | x    | m    | m       | m      | x    | x   | m    | m           | x      | x                           | x       | m        | m     | HMC                 |
| Deep Sea (Hake)            |                    |      |            | x                         | m   | m      | m    | m     | m     | x    | m    | m       | x      | x    | x   | m    | m           | x      | x                           | x       | m        | m     | N/A                 |
| Double Deep Sea (Hake)     |                    |      |            | x                         | m   | m      | m    | m     | m     | x    | m    | m       | m      | x    | x   | x    | m           | x      | x                           | x       | m        | m     | N/A                 |
| Meaty Quarter              |                    |      |            | x                         | m   | m      | m    | m     | m     | x    | x    | m       | x      | x    | x   | m    | m           | x      | x                           | x       | m        | m     | HMC                 |
| Double Meaty Quarter       |                    |      |            | x                         | m   | m      | m    | m     | m     | x    | x    | m       | x      | x    | x   | m    | m           | x      | x                           | x       | m        | m     | HMC                 |
| Algerian Quarter Pounder   |                    |      |            | x                         | m   | m      | m    | m     | m     | x    | x    | m       | x      | x    | x   | m    | m           | x      | x                           | x       | m        | m     | HMC                 |
| Rosti Thai Sweet Chilli    |                    |      |            | x                         | m   | m      | m    | m     | m     | x    | m    | m       | m      | x    | x   | m    | m           | x      | x                           | x       | m        | m     | WHT                 |
| Rosti Spicy BBQ            |                    |      |            | x                         | m   | m      | m    | m     | m     | x    | m    | m       | m      | x    | x   | m    | m           | x      | x                           | x       | m        | m     | WHT                 |

## Sides

|                         | Energy per 100g |      | Vegetarian | Cereals containing gluten |     |        |      |       |       | Soya | Nuts | Peanuts | Sesame | Milk | Egg | Fish | Crustace | Celery | Sulphur Dioxide & Sulphites | Mustard | Molluscs | Lupin | Halal Certification |
|-------------------------|-----------------|------|------------|---------------------------|-----|--------|------|-------|-------|------|------|---------|--------|------|-----|------|----------|--------|-----------------------------|---------|----------|-------|---------------------|
|                         | kJ              | kcal |            | Wheat                     | Rye | Barley | Oats | Spelt | Kamut |      |      |         |        |      |     |      |          |        |                             |         |          |       |                     |
| Subject to availability |                 |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        |                             |         |          |       |                     |
| Nuggets                 |                 |      |            | x                         | m   | m      | m    | m     | m     | m    | m    | m       | m      | m    | m   | m    |          | x      | x                           | m       |          | m     | HMC                 |
| Chicken Tenders         |                 |      |            | x                         | m   | m      | m    | m     | m     | m    | m    | m       | m      | m    | m   | m    |          | m      | m                           | x       |          | m     | WHT                 |
| Fries                   |                 |      |            | m                         | m   | m      | m    | m     | m     | m    | m    | m       |        | m    | m   | m    |          | m      | m                           | m       |          |       | N/A                 |
| Spicy Fries             |                 |      |            | m                         | m   | m      | m    | m     | m     | m    | m    | m       |        | m    | m   |      |          | m      | m                           | m       |          |       | N/A                 |
| Spicy Loaded Fries      |                 |      |            | x                         | m   | m      | m    | m     | m     | x    | m    | m       | m      | x    | x   | m    |          | x      | x                           | x       | m        | m     | WHT                 |
| Spicy Gravy             |                 |      |            | x                         |     |        |      |       |       |      |      |         |        | x    |     |      | m        |        |                             | m       |          |       | N/A                 |
| Petite Salad            |                 |      |            | m                         | m   | m      | m    | m     | m     | m    | m    | m       | m      | x    | x   | m    |          | m      | m                           | x       | m        | m     | N/A                 |
| Ranch Slaw              |                 |      |            |                           |     |        |      |       |       |      |      |         |        | x    | x   |      |          |        |                             | x       |          |       | N/A                 |
| Mozzarella Sticks       |                 |      |            | x                         | m   | m      | m    | m     | m     | m    | m    | m       | m      | x    | m   | m    |          | m      | m                           | m       | m        | m     | N/A                 |
| Spicy Cheese Fries      |                 |      |            | m                         | m   | m      | m    | m     | m     | m    | m    | m       |        | x    | m   |      |          | m      | m                           | m       |          |       | N/A                 |

Wraps

|                         | Energy per portion |      | Vegetarian | Cereals containing gluten |     |        |      |       |       | Soya | Nuts | Peanuts | Sesame | Milk | Egg | Fish | Crustace | Celery | Sulphur Dioxide & Sulphites | Mustard | Molluscs | Lupin | Halal Certification |
|-------------------------|--------------------|------|------------|---------------------------|-----|--------|------|-------|-------|------|------|---------|--------|------|-----|------|----------|--------|-----------------------------|---------|----------|-------|---------------------|
|                         | kJ                 | kcal |            | Wheat                     | Rye | Barley | Oats | Spelt | Kamut |      |      |         |        |      |     |      |          |        |                             |         |          |       |                     |
| Subject to availability |                    |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        |                             |         |          |       |                     |
| Algerian Chicken Wrap   | 2155               | 515  |            | x                         | m   | m      | m    | m     | m     | x    | m    | m       | m      | x    | x   | m    |          | x      | x                           | x       |          | m     | WHT                 |
| Mayo Chicken Wrap       | 2455               | 587  |            | x                         | m   | m      | m    | m     | m     | x    | m    | m       | m      | x    | x   | m    |          | x      | x                           | x       |          | m     | WHT                 |
| Spicy Mayo Wrap         |                    |      |            | x                         | m   | m      | m    | m     | m     | x    | m    | m       | m      | x    | x   | m    |          | x      | x                           | x       |          | m     | WHT                 |

Wings

|                         | Energy per 100ml |      | Vegetarian | Cereals containing gluten |     |        |      |       |       | Soya | Nuts | Peanuts | Sesame | Milk | Egg | Fish | Crustace | Celery | Sulphur Dioxide & Sulphites | Mustard | Molluscs | Lupin | Halal Certification |
|-------------------------|------------------|------|------------|---------------------------|-----|--------|------|-------|-------|------|------|---------|--------|------|-----|------|----------|--------|-----------------------------|---------|----------|-------|---------------------|
|                         | kJ               | kcal |            | Wheat                     | Rye | Barley | Oats | Spelt | Kamut |      |      |         |        |      |     |      |          |        |                             |         |          |       |                     |
| Subject to availability |                  |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        |                             |         |          |       |                     |
| Hot Wings               |                  |      |            | x                         | m   | m      | m    | m     | m     | m    | m    | m       | m      | m    | m   | m    |          | m      | m                           | x       |          | m     | HMC                 |

Cold Drinks

|                         | Energy per 100ml |      | Vegetarian | Cereals containing gluten |     |        |      |       |       | Soya | Nuts | Peanuts | Sesame | Milk | Egg | Fish | Crustace | Celery | Sulphur Dioxide & Sulphites | Mustard | Molluscs | Lupin | Halal Certification |
|-------------------------|------------------|------|------------|---------------------------|-----|--------|------|-------|-------|------|------|---------|--------|------|-----|------|----------|--------|-----------------------------|---------|----------|-------|---------------------|
|                         | kJ               | kcal |            | Wheat                     | Rye | Barley | Oats | Spelt | Kamut |      |      |         |        |      |     |      |          |        |                             |         |          |       |                     |
| Subject to availability |                  |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        |                             |         |          |       |                     |
| Fizzy Cola              |                  | 175  | 42         |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        | x                           |         |          |       | N/A                 |
| Fizzy Diet Cola         |                  | 0.3  | 1.4        |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        | x                           |         |          |       | N/A                 |
| Fizzy Blueberry         |                  | 128  | 30         |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        |                             |         |          |       | N/A                 |
| Fizzy Mojito            |                  | 90   | 21         |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        |                             |         |          |       | N/A                 |
| Fizzy Strawberry        |                  | 207  | 49         |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        |                             |         |          |       | N/A                 |
| Water 50cl              |                  |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        |                             |         |          |       | N/A                 |
| Fizzy Guava             |                  |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        | x                           |         |          |       | N/A                 |
| Pink Lemonade           |                  |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        |                             |         |          |       | N/A                 |

Desserts

|                         | Energy per 100ml |      | Vegetarian | Cereals containing gluten |     |        |      |       |       | Soya | Nuts | Peanuts | Sesame | Milk | Egg | Fish | Crustace | Celery | Sulphur Dioxide & Sulphites | Mustard | Molluscs | Lupin | Halal Certification |
|-------------------------|------------------|------|------------|---------------------------|-----|--------|------|-------|-------|------|------|---------|--------|------|-----|------|----------|--------|-----------------------------|---------|----------|-------|---------------------|
|                         | kJ               | kcal |            | Wheat                     | Rye | Barley | Oats | Spelt | Kamut |      |      |         |        |      |     |      |          |        |                             |         |          |       |                     |
| Subject to availability |                  |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        |                             |         |          |       |                     |
| Apple Pie               | 1316             | 315  |            | x                         | m   | m      | m    | m     | m     | m    | m    | m       | m      | m    | m   | m    |          | m      | m                           | m       |          | m     | N/A                 |
| Bueno Tiramisu          | 1620             | 386  |            | x                         | m   | x      | m    | m     | m     | m    | x    | x       | m      | x    | x   |      |          | m      |                             | m       |          | m     | N/A                 |
| 3 Churros               | 1348             | 321  |            | x                         | m   | m      | m    | m     | m     | x    | x    | m       | m      | x    | m   | m    |          | m      | m                           | m       |          | m     | N/A                 |
| 6 Churros               | 1247             | 397  |            | x                         | m   | m      | m    | m     | m     | x    | x    | m       | m      | x    | m   | m    |          | m      | m                           | m       |          | m     | N/A                 |
| Raffaello Tiramisu      | 1348             | 321  |            | x                         | m   | x      | m    | m     | m     | x    | x    | x       |        | x    | x   |      |          |        |                             |         |          |       | N/A                 |
| Chocolate Fondant       | 1996             | 440  |            | x                         | m   | m      | m    | m     | m     | x    | m    |         |        | m    | x   |      |          |        |                             |         |          |       | N/A                 |
| Oreo Churros            |                  |      |            | x                         | m   | m      | m    | m     | m     | x    | x    | m       | m      | x    | m   | m    |          | m      | m                           | m       |          | m     | N/A                 |
| Lotus Churros           |                  |      |            | x                         | m   | m      | m    | m     | m     | x    | x    | m       | m      | x    | m   | m    |          | m      | m                           | m       |          | m     | N/A                 |

Bims Kids

|                            | Energy per 100g |      | Vegetarian | Cereals containing gluten |     |        |      |       |       | Soya | Nuts | Peanuts | Sesame | Milk | Egg | Fish | Crustace | Celery | Sulphur Dioxide & Sulphites | Mustard | Molluscs | Lupin | Halal Certification |
|----------------------------|-----------------|------|------------|---------------------------|-----|--------|------|-------|-------|------|------|---------|--------|------|-----|------|----------|--------|-----------------------------|---------|----------|-------|---------------------|
|                            | kJ              | kcal |            | Wheat                     | Rye | Barley | Oats | Spelt | Kamut |      |      |         |        |      |     |      |          |        |                             |         |          |       |                     |
| Subject to availability    |                 |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        |                             |         |          |       |                     |
| Kids Junior Burger         | 947             | 226  |            | x                         |     |        |      |       |       | x    | m    | m       | x      | x    | x   |      |          | m      | x                           | m       |          | m     | HMC                 |
| Kids Nuggets               | 947             | 227  |            | x                         | m   | m      | m    | m     | m     | m    | m    | m       | m      | m    | m   | m    |          | x      | x                           | m       |          | m     | HMC                 |
| Kids Chicken Junior Burger |                 |      |            | x                         | m   | m      | m    | m     | m     | x    | m    | m       | m      | x    | x   | m    |          | x      | x                           | m       |          | m     | HMC                 |
| Kids Tender                |                 |      |            | x                         | m   | m      | m    | m     | m     | m    | m    | m       | m      | m    | m   | m    |          | m      | m                           | x       |          | m     | WHT                 |
| Kids Plain Junior Burger   |                 |      |            | x                         |     |        |      |       |       | x    | m    | m       | m      | x    | x   |      |          | m      | x                           | m       |          | m     | HMC                 |

Extras

|                         | Energy per 100ml |      | Vegetarian | Cereals containing gluten |     |        |      |       |       | Soya | Nuts | Peanuts | Sesame | Milk | Egg | Fish | Crustace | Celery | Sulphur Dioxide & Sulphites | Mustard | Molluscs | Lupin | Halal Certification |
|-------------------------|------------------|------|------------|---------------------------|-----|--------|------|-------|-------|------|------|---------|--------|------|-----|------|----------|--------|-----------------------------|---------|----------|-------|---------------------|
|                         | kJ               | kcal |            | Wheat                     | Rye | Barley | Oats | Spelt | Kamut |      |      |         |        |      |     |      |          |        |                             |         |          |       |                     |
| Subject to availability |                  |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        |                             |         |          |       |                     |
| Caramel Syrup           |                  |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        |                             |         |          |       | N/A                 |
| Vanilla Syrup           |                  |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        |                             |         |          |       | N/A                 |
| Spiced Chai Syrup       |                  |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        |                             |         |          |       | N/A                 |

Box Meals

|                         | Energy per 100g                                                                                                                                         |      | Vegetarian | Cereals containing gluten |     |        |      |       |       | Soya | Nuts | Peanuts | Sesame | Milk | Egg | Fish | Crustace | Celery | Sulphur Dioxide & Sulphites | Mustard | Molluscs | Lupin | Halal Certification |
|-------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|------|------------|---------------------------|-----|--------|------|-------|-------|------|------|---------|--------|------|-----|------|----------|--------|-----------------------------|---------|----------|-------|---------------------|
|                         | kJ                                                                                                                                                      | kcal |            | Wheat                     | Rye | Barley | Oats | Spelt | Kamut |      |      |         |        |      |     |      |          |        |                             |         |          |       |                     |
| Subject to availability |                                                                                                                                                         |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        |                             |         |          |       |                     |
| Spicy Supreme Box Meal  | Please see the individual items included inyour box meal for the allergens (Spicy Chicken Supreme, Fries, Chicken Fingers and your selection of drink.) |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        |                             |         |          |       |                     |
| Mayo Supreme Box Meal   | Please see the individual items included inyour box meal for the allergens (Mayo Chicken Supreme, Fries, Chicken Fingers and your selection of drink.)  |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        |                             |         |          |       |                     |
| The Big Hack Box Meal   | Please see the individual items included inyour box meal for the allergens (The Big Hack, Fries, Chicken Fingers and your selection of drink.)          |      |            |                           |     |        |      |       |       |      |      |         |        |      |     |      |          |        |                             |         |          |       |                     |

**Toaster:** All our buns are toasted in the same toaster. They all contain gluten, some contain sesame and some contain milk and egg. If you are allergic to any of these ingredients you are advised not to choose any of our sandwich or

**Fryers:** We have separate fryer vats for different products but they share an oil filtration system which creates a risk of cross contamination when the oil passes through the filter.

**Broiler:** This high temperature grilling device cooks all our beef patties and also our breakfast products. Can cause cross contamination with egg.

**Bones:** Although we take great care to remove bones from our meat, poultry and fish products some small bones may still be present.